



Central Zone Senior Championships August 5 - 8, 2010

Bismarck State College Aquatic and Wellness Center
1601 Canary Avenue, Bismarck, North Dakota 58503

Sanctioned By:

North Dakota Swimming, on behalf of USA
Swimming
Sanction Number pending for pool and open
water events

Hosted By:

Aquastorm Swim Team

The Facility

This year's Central Zone Senior Championships will be held at the new Bismarck State College Aquatic and Wellness Center. The facility features:

- 50 meter/25 yard eight-lane competition pool
- Diving bay with two (2) one meter and two (2) three meter diving boards
- Water depths of seven feet at the start and 13.5 feet at the turn
- A state-of-the-art integrated video scoring system
- Spectator seating for 750
- 25 yard six-lane recreational pool
- Lane lines divide each lane

Entry Procedure

Current USA Swimming and Central Zone rules will govern the Meet. All entries must be submitted using USA Swimming OME (online meet entry) at usaswimming.org/ome. Online entries must be paid with Visa, MasterCard, American Express, or Discover. To pay by check please contact Charlie Jeske at cdj3311@gmail.com for payment instructions. Entries are not considered accepted until payment method is validated.

Entry Dates

12:01 a.m., CDT., June 7 - 11:59 p.m. CDT.,
Sunday, August 1.

A confirmation email will acknowledge posting of entries. Entrants are responsible for following up if acknowledgement is not received. The Club may update their OME entry at any time prior to the deadline. Once entries are paid for, times can be modified and events can be added, but events cannot be deleted.

Updates for improved seed times will be allowed on the OME system through Monday, August 2, 6 a.m. CDT to 6 p.m. CDT.

Hotels

Ramkota Hotel and Conference Center
800 South Third Street
(701) 258-7700

Radisson Hotel Bismarck
6th & Broadway
(701) 255-6000
(800) 395-7046

For your convenience, a block of rooms has been reserved under the name "Central Zone Swimming." For information on overflow hotels, please contact Lori Schneider at the Bismarck Mandan Convention and Visitor's Bureau at (701) 222-4308 or (800) 767-3555.

Contact Information: Complete meet information will be available at www.bismarckaquatics.com. If you have questions or concerns regarding the 2010 Central Zone Senior Championships, please contact Loic Joseph at (701) 751-4272 or loicjoseph@hotmail.com.



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